

## Our History

*The Health Garden opened its doors in August of 1998, with Joanna Aluotto as its founder and visionary.*

*Joanna's dream was to have a place for people to come relax, pamper themselves, and relieve the stresses and tension of everyday living, in an inviting, warm, English home setting. In the beginning she offered Massage Therapy, Face Lift Massage, and Reflexology.*

*The Health Garden grew as people returned again and again, bringing friends and family.*

*Now The Health Garden has grown to accommodate three more independent in-house therapists, adding to the long list of Relaxing and Healing therapies. Your experience at The Health Garden is sure to be a unique one.*



# The Health Garden

*515 Pin Oak Rd.*

*Katy, TX 77494*

**(281)391-6898**

**Joannaaluotto@thehealthgarden.net**

**<http://www.thehealthgarden.net>**

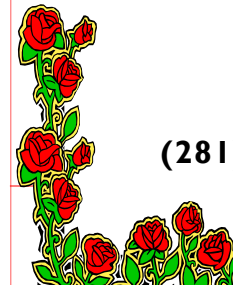
# The Health Garden



*Therapeutic  
Massage Reflexology  
& Other Therapies*

*515 Pin Oak Rd.  
Katy, TX 77494*

**(281)391-6898**



# The Health Garden

## Services

Massage (1 hr): \$75

Reflexology: \$65

\*Isotonic Footbath: walk-in \$35

With massage \$25

\*Best done in seven sessions, 72 hours apart



## Sick and Tired of being Sick and Tired?

We offer a free seminar every Tuesday at 7:00 pm. Call for more information

We also offer in home Spa Parties. Call the office for more details. Our location has a large room for private parties, meeting, trainings, and classes. Call Lyn (281)391-6861 for reservations.

## Our Therapists

### Joanna Aluotto, LMT

(281)391-6898

Therapeutic Massage & Reflexology, Deep Tissue, Pregnancy Massage, Rejuvenating Face Lift Massage, Sinus Migraine Toning

### Lyn Wagner, CBP

(281)687-2181

Body Talk Systems, Emotional Freedom Technique, Reiki, Reflexology, Detox & Weight Loss Program

### Lorraine Yewdell, LMT

(713)489-0308

Reflexology, Color Therapy, Aroma Therapy, Massage Therapy, CranioSacral Therapy

### Shari Sala, LMT

(713)248-4211

Licensed Massage Therapist, CranioSacral Therapy, Tuning Fork Therapy, Healing Touch, Lymph Drainage

### Pam Dell, LMT

(281)391-6898

Massage Therapist, Hot Stone Massage, Swedish Massage

## The Healing Garden

<http://www.thehealinggarden.net>

515 Pin Oak Rd.

Katy, TX 77494

(281)391-6898

[Joannaaluotto@thehealthgarden.net](mailto:Joannaaluotto@thehealthgarden.net)